

**KNIGHTS OF COLUMBUS**  
**Father Diamond Council 6292**

**THANKSGIVING ADOPT-A-FAMILY PROJECT**

**SUGGESTED FOOD LIST**

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___	BOX BISQUICK MIX	___	2 SPAGHETTI SAUCE
___	SUGAR	___	2 CANS SPAGHETTI/RAVIOLI
___	CRANBERRY SAUCE	___	2 BOXES MACARONI & CHEESE
___	SALT &/OR PEPPER	___	2 CANS PORK & BEANS
___	COFFEE	___	STUFFING MIX
___	TEA	___	2 CANS (Or more) TUNA FISH
___	2 CANS JUICE (LARGE)	___	2 CANS TOMATOES
___	PEANUT BUTTER	___	2 CANS CORN
___	JELLY OR JAM	___	2 CANS PEAS
___	CRACKERS (Snack or Saltines)	___	2 CANS GREEN BEANS
___	OATMEAL Or other HOT CEREAL	___	1 CAN YAMS/SWEET POTATOES
___	2 BOXES DRY CEREAL	___	2 BOXES JELL-O PUDDING
___	RICE (Instant or Regular)	___	6 CANS FRUIT
___	NOODLES/SPAGHETTI/PASTA	___	2 (or more) CANS CHILI/STEW, etc.
___	6 CANS SOUP	___	TREATS (Candy, Cookies, Chips)

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*(Please consider purchase of other items such as toiletries, baby food, & paper products)*

The items on this list are only suggestions. Use your own shopping experience to determine what might be needed to feed a family for approximately one week. The council will provide a turkey as well as a gift certificate that can be used for the purchase of perishable items.

Reminder: The first thing you might want to do to begin your purchase of these items is contact Larry Novack and purchase some grocery scrip from Giant, Safeway, Shoppers Food Warehouse or Food Lion. That way, you are donating a percentage of the purchase cost to the Knights of Columbus and the school while you assist the needy (and even pick some up for yourself). Contact Larry at [ZLRN01@aol.com](mailto:ZLRN01@aol.com)