

## Information on Sponsoring Bill in the 2005 Marine Corps Marathon

### **The General Idea:**

I wanted to try to motivate myself in my training and get myself in the right frame of mind for the long haul of this training for my third marathon and all the running I will have to do. To do this, I am asking folks (friends, family, co-workers, etc.) if they would be willing to sponsor me in my run.

### **Marathon I am Running this Year:**

The 2005 Marine Corps Marathon - Sunday, 10/30/2005.

### **Charity to Benefit:**

Knights of Virginia Assistance for the Retarded (KOVAR)

### **Commitment:**

As I said, I am just trying to complete this marathon (my third one), my secondary goal is to finish the run with a better time than I ran in last year's Marine Corps Marathon (3 hours, 55 minutes 01 second). I am asking folks to donate only if I complete the run. I may run, jog and/or walk, but I must finish -- that is the key. If I do not finish, I would not ask anyone to fulfill their pledge.

### **Donation Amount:**

I would appreciate any amount -- and I know that this is a good cause. I have had some folks suggest basing it on mileage, that is, the set mileage of a Marathon (26.2 miles). I am hoping to improve on last year's collected total of \$1,700! (Thanks to all those generous folks who supported me then.)

*Added incentive this year! If I reach my goal of \$2,000+ in pledges, I will have my hair cut for the marathon -- in a "high and tight" Marine crew cut (worth the price of admission -- yes?)! See image below.*

### **Information on Charitable Donation:**

At the time that you send in your donation, I would ask that you make your check out to Knights of Virginia Assistance for the Retarded (KOVAR). That way, it is directly to the charity -- not to me. You can claim it on your taxes, etc.

### **Your Pledge:**

You can either call me, write me or do pledge through my web page:

<http://members.cox.net/billyjoe/2005-Marathon-KOVAR.htm>

Thanks for your consideration of this sponsorship. If you have any questions, just give me a call and I will be glad to explain anything about the charity, etc.

Thanks,

*Bill*

